



# QuickStart Tennis

## Real Tennis for 10-and-Under Players

QuickStart Tennis (QST) is an exciting, match play format developed to help young children (10-and-under) enjoy the game. Though it features smaller equipment and courts, larger and softer (foam or very low compression) tennis balls, simplified scoring, and shorter matches, QST is real tennis – tennis tailored to help kids keep the ball in play and learn tennis strokes and strategy at an age-appropriate pace.

QST eliminates the stress and intimidation most young children face when trying to learn to play tennis on tournament-sized courts with the same equipment and scoring system Federer, Wozniacki, Nadal, and the Williams sisters use. QST provides basic instruction through a standardized curriculum of age-appropriate gross motor skills development. By the end of the first lesson, kids are playing real tennis and competing ... and most important, having fun doing so.

QST is easy to bring into schools and community organizations including inside (gyms and cafeterias) and on outdoor playgrounds and parking lots. At the same time, QST is real tennis, with teams, leagues, and sanctioned tournaments. USTA-sanctioned tournaments for players 10-and-Under are required to be QST; see page two for QST specifications.

### Why You Should Care

The most important action for ensuring the future of tennis is attracting children to the game, but barriers to entry and developing lifestyles conspire against our kids. Inappropriately sized courts and equipment make learning the game

difficult for most young children, while it is all too easy for them to spend excessive time in front of a TV, computer, or video game console. Add unhealthy eating and snacking habits to this youth lifestyle trend and reasons for childhood obesity come into clear focus.

QST can help counter this alarming youth lifestyle trend by introducing kids to a fun, challenging, lifelong sport with great social and physical benefits. QST provides life skills, including integrity, sportsmanship, determination, teamwork, mental discipline, and a healthy lifestyle. The “play-to-learn” teaching format of QST helps children develop balance, agility, coordination, conditioning, and reaction time, bringing out the best in kids, naturally. QST can help tennis facilities increase youth participation and retention in tennis programming, and the positive experience QST nurtures increases the chances young children will embrace tennis as a lifelong sport.

As stated above, QST is the official format for 10-and-Under Tennis the U.S. Communities and tennis facilities without permanent QuickStart courts or painted lines will miss out on USTA QuickStart tournament/event opportunities, resulting in a loss of economic development revenue.

### Incorporating QST into Your Tennis Program

It's relatively easy to start a QST program in Wisconsin. Contact Wisconsin Tennis Association Executive Director Nancy Massart – phone: **262.250.1020** | email: [nmassart@wisconsin.usta.com](mailto:nmassart@wisconsin.usta.com) – and let her know you are interested in



starting a QST program. She will help you marshal resources, including a great QST curriculum.

From a court and equipment perspective, all you need is space, a net, rolldown lines, and QST balls and racquets. Age-appropriate QST balls, racquets, portable starter net sets, rolldown lines, and training aids are available from the United States Tennis Association (USTA) website – visit [http://www.ustashop.com/QuickStart\\_Youth\\_TennisGear\\_s/1062.htm](http://www.ustashop.com/QuickStart_Youth_TennisGear_s/1062.htm).

QST can also be played on existing tennis courts, using portable starter net sets and either rolldown or permanent lines. The Rules of Tennis do allow USTA National/Sectional/District events or tournaments to be played on courts with additional lines, such as those used for the QuickStart Tennis format. However, the rules

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## RECENT PROJECT

The Tennis and Track Division of Munson Inc. provided construction services for the Strong Complex Tennis Courts at Beloit College.

The six court complex included a viewing area, a concrete retaining wall at the city sidewalk, new concrete walkways to the courts and a City of Beloit required fire access road designed with geoblock porous pavement.

Excavation revealed there was an additional 2 – 3 feet of topsoil than anticipated at the site. After conferring with the College on several options, it was decided to remove the topsoil and install granular fill to the required sub-grade level. The original stone base specifications were then installed and a 3-inch asphalt surface placed. Vinyl coated fencing was installed and the courts color coated in blue and green.



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prohibit play on courts with additional lines for International Tennis Federation or Intercollegiate Tennis Association events or tournaments. The USTA provides unified specifications for permanent QuickStart courts and permanent QuickStart lines. Munson, Inc. (800.236.0340) can provide concept plans, cost estimates, and construction services for permanent QST courts, or for painting permanent lines on your existing tennis court(s).

If your tennis facility is in Milwaukee, consider

contracting with the Milwaukee Tennis Education Federation (MTEF) for providing turnkey QuickStart Tennis Program implementation. For more information on having MTEF provide QST program implementation services, contact MTEF Executive Director Jay Massart – 414.442.8195 | jaymassart@wi.rr.com.

### Leading the QST Charge in Wisconsin

There are a number of excellent QST programs across the Badger State, but MTEF is leading the QST charge in Wisconsin. Through a partnership beginning in 2009 between MTEF,

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## Court & Track

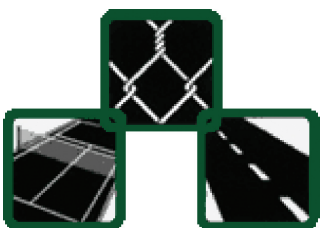
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## QuickStart Tennis Specifications

Age	Court Size	Racquet	Ball	Net Height	Scoring
5 to 6	36' x 18'	Up to 23"	Foam or very low compression	2' 9"	Best of 3 games
7 to 8					1st to 7-point games
9 to 10	60' x 21' (singles) 60' x 27' (doubles)	Up to 25"	Low compression	3'  Same height as regular-sized court	Best of 3 sets; 1st to 4 games wins the set; Third set: 1st to 7 points wins

## Munson Invests in New Pavement Technology

To enhance customer satisfaction through safe and efficient delivery of a superior end product, Munson, Inc., recently invested in a 2010 VÖGELE VISION 5100-2 track paver. The new paver has a heavier screed, allowing for better compaction and more uniform finish surfaces. Advanced design supports precise material handling and high lay-down rates with no segregation. Twelve-ton hopper capacity requires fewer stops for refills and the 19-foot maximum paver width facilitates wider path installations with less joints/seams throughout your project. Digital technology permits better control over thickness variations, speed and other factors. Machine configuration enables optimum operator vision and added safety and quality control.



The new machine was put to work in early May on a new tennis court complex near Fredonia, WI.



# Q and A

**I have an older residential asphalt court that has structural cracks and a worn surface. Beautiful, mature landscaping surrounds the court. Are there ways to repair the court without bringing in heavy equipment for a new asphalt surface?**

In the last 10-to-15 years, surfacing technologies have exploded with technological advancements in both equipment and materials. Unless you have underlying structural issues with your court requiring reconstruction, we now have capabilities ranging from localized repairs and re-coloring to complete new cushion surfaces. None of these repair solutions require removal of mature landscaping or court fencing.

Repairs can include applying Armor Crack Control over your structural cracks and re-coloring the court. This process has been proven extremely effective in hiding those nasty cracks for the near future. Have too many cracks for the Armor Crack Control method to be cost effective? Then we can switch to the TitanTrax system, which allows us to cover the entire court with a surface membrane and then color coat the court.

Unfortunately, age has a way of creeping up on tennis players, so if you are looking for a surface that is not so hard on player joints and muscles, we can switch to the NovaPro Bounce system, which has a cushion surface, or we can install a cushion surface over the TitanTrax system. Interested in using your court for other sports but concerned about damage to your court color coating? We can install a Mateflex II tile system over your existing court surface, transforming your court into a multi-sport court facility, which can be used for tennis, in-line hockey and other sports.

Some of these surface repair solutions will need re-coloring in 5 – 7 years, just like your existing hard court, while others solutions are almost maintenance free. Confused by all the options? Call your Munson, Inc. representative at **800.236.0340** and we'll sit down with you and go over each repair option in detail.

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the Milwaukee Public Schools' (MPS) 21<sup>st</sup> Century Community Learning Centers (CLCs), Milwaukee Recreation, and MPS Wellness Department, MTEF provided turnkey QST program instruction for over 1,000 QST players at 32 MPS CLC sites, with MPS contracting with MTEF as its exclusive MPS/CLC tennis vendor. Two or three MTEF instructors at each site work with a group of 15-20 students. During the final sessions at the sites, a tournament is played, giving each child the opportunity to demonstrate his/her tennis skills.

Open after school, evenings, weekends, and during the summer, the CLCs are committed to learning, enrichment and support activities that help lessen exposure to negative influences. MTEF expects the QST momentum will continue, projecting over 1,500 QST program participants for 2010, and envisions over time participants from the MPS/CLC QST program transitioning to MTEF programming.

### About MTEF

"MTEF exists to grow the sport and,

through tennis, to make Milwaukee a better place to live, work, play and learn," says MTEF Executive Director Jay Massart. Kids who otherwise would lack a safe, productive, and healthy after-school and summer environment receive high-quality, literacy-and-tennis programming that builds academic skills, improves fitness, and emphasizes life-skills development, instilling resilience for success in school and in life for Milwaukee youth.

There are many ways you can help MTEF fulfill its mission. While financial support is essential, and appreciated, it is just one way to help sustain MTEF. During the course of a year, MTEF relies on hundreds of volunteers to assist in event, programs, and activity execution. The volunteer page on its website – [www.mtef.com](http://www.mtef.com) – lists specific tasks and opportunities for people and in-kind donations. For more information, contact Jay (see contact information on page 2).

The most important action for ensuring the future of tennis is attracting children to the game. QST and MTEF are two ways to support this most-important action.

## Follow Munson, Inc. on the Web

To better connect and share with members of the construction community, Munson Inc has expanded its online presence to include:

- **The Munson, Inc. Blog** – <http://munsoninc.blogspot.com>
- **Our Facebook page** – <http://www.facebook.com/munsoninc?v=info>
- **Our Twitter page** – <http://twitter.com/MunsonInc>
- **Our Flickr Photostreams** – <http://www.flickr.com/photos/munsoninc/collections>
- **Our YouTube posts** – <http://www.youtube.com/user/MunsonInc>
- **Our LinkedIn Company Profile** – <http://www.linkedin.com/companies/munson-inc>

Visitors to these online touchpoints can view our commercial and residential photo albums, including tennis courts, running tracks, fencing, and asphalt and concrete pavements, tour our Glendale, Wisconsin, outdoor showroom, enjoy our decorative concrete video posts, read the latest Munson, Inc. blog entry, or keep up with the latest news about what is happening at Munson, Inc.

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# Munson Wins Awards from ASBA & WRMCA

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The Tennis & Track Division of Munson Inc. has won a Distinguished Outdoor Tennis Facility Award from the American Sports Builders Association for construction of the Oconomowoc Community Tennis Center (OCTC), a ten-court tennis complex located at Oconomowoc High School, which was jointly funded by the City of Oconomowoc, the Oconomowoc School District, and the Oconomowoc Community Tennis Association . OCTC also received an Outstanding Facilities Award from the United States Tennis Association (USTA). Recognition of such facilities is made by USTA to encourage increasingly higher standards for the construction and/or renovation of public tennis facilities throughout the country.

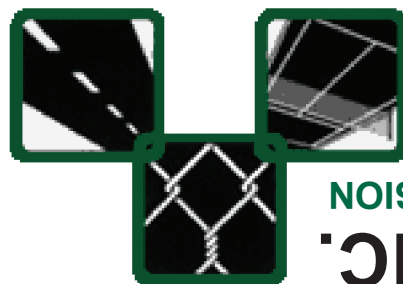


The Concrete Division of Munson Inc., part of Munson-Armstrong Paving, won a Concrete Design Award from the Wisconsin Ready Mixed Concrete Association for the exterior decorative concrete it installed at a private residence in Southeastern Wisconsin. The decorative concrete installation, more than 100 cubic yards, replaced interlocking brick pavers, which were cracking and crumbling. The owner selected colored, stamped concrete for its good looks and proven record for strength, durability, and cost effectiveness.

**top picture** – ASBA Distinguished Outdoor Tennis Facility award-winner.

**bottom picture** – WRMCA Decorative Concrete award-winner.

Areas replaced included: a patio off the tennis court; an area abutting the driveway; an area between the house and driveway; the main rear patio (see picture); the walkway to the resting area; the walk from the main patio leading to the tennis court patio; and the front entryway.



**MUNSON INC.**  
**TENNIS & TRACK DIVISION**

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